

Our Mission: At St. Juan Diego Catholic Church, we are a diverse community that strives to welcome everyone with dignity, respect and belonging by living the Good News of Jesus Christ.

Nuestra Misión: En la iglesia Católica de San Juan Diego, somos una comunidad diversa que se esfuerza por dar la bienvenida a todos con dignidad, respeto y pertenencia al vivir la Buen Nueva de Jesucristo.

Stewardship Moment

Twenty-Fourth Sunday in Ordinary Time. Today's Gospel reading continues Jesus' instructions on being good stewards of others – the direction that if we love Jesus Christ, we must forgive an individual 77 times. The reading compels us to consider one of the most difficult practices of Christian discipleship. Forgiveness is the way of Jesus, the way of the cross. Vengeance, bitterness and hatred seem so much easier and certainly more desirable. Forgiveness is a hard road to travel, but it is the only road that leads to life in Christ. Consider this week who you need to forgive.

Momento de Corresponsabilidad

Vigésimo Cuarto Domingo del Tiempo Ordinario. La lectura del Evangelio de hoy continúa las instrucciones de Jesús sobre ser buenos corresponsables de los demás, la instrucción de que si amamos a Jesucristo, debemos perdonar a una persona 77 veces. La lectura nos obliga a considerar una de las prácticas más difíciles del discipulado cristiano. El perdón es el camino de Jesús, el camino de la cruz. La venganza, la amargura y el odio parecen mucho más fáciles y ciertamente más deseables. El perdón es un camino difícil de recorrer, pero es el único camino que conduce a la vida en Cristo. Considere esta semana a quién necesita perdonar.

Mass Intention

If you would like to add a name to our Mass Intention, please email Jeny [here](#).

Intenciones

Si desea agregar un nombre a nuestras intenciones, envíe un correo electrónico a Jeny [aquí](#).

Bible Study

"Travel-free, bug-free, Zoom Bible study, Wednesday 1pm -- in the comfort of your home. Wednesday evening 7pm Zoom Bible study also available upon request.

Please email j.breiling@yahoo.com to register and receive additional information."

MASS SCHEDULE

Monday - Wednesday

6:00 pm English

Thursday

12:00 pm English

Saturday

5:00 pm English

Sunday

8:30 am English

12:15 pm English

HORARIO DE MISA

Domingo

10:30 am Español

RECONCILIATION

RECONCILIACIÓN

Wednesday/Miércoles

5:00-5:45 pm

Saturday/Sábado

3:30pm - 4:30



As autumn approaches, we extend an invitation to all our parishioners to join or restart a Small Group community. Small Groups are gatherings of 5-10 people who come together for fellowship, prayer, and meaningful discussions.

Small Groups work best when they form organically. There's something truly special about friends and acquaintances coming together to grow in faith and community. So, we encourage you to consider reaching out to those you already know and inviting them to be part of your Small Group.

Curious about what you'll discuss in your Small Group? This October brings an exciting opportunity as Father Hans will lead a series of homilies on the Eucharist throughout the month. Additionally, the inspiring book "Beautiful Eucharist" by Matthew Kelly will be made available to everyone in our parish. These resources provide an excellent starting point for your group's discussions.

This is a great chance to bring the spirit of "Church into the home." You don't need special knowledge or extensive training to be a Small Group leader. All it takes is a simple invitation to your friends or even acquaintances to join you.

Worried about keeping the conversation flowing? We have easy-to-grasp tips and tricks to help you facilitate engaging discussions.

If hosting at home isn't your preference, consider asking a friend to host or utilize a public space like a cozy coffee shop or a friendly brew pub for your meetings.

If you're seeking other content ideas or resources, don't hesitate to reach out. We're here to support you in your Small Group journey.

You can sign up as a group or as an individual on our parish website at www.stjuandiego.org/smallgroups. For more information or any questions you may have, please contact Kieran Connolly at (503) 707-1091 or via email at kcirish@frontier.com. Let's come together in the spirit of community and faith this fall.

Weekly Parish Schedule

To have a Mass offered for anyone, please call Jeny in the parish office. Suggested donation \$10
Please make your checks payable to **St. Juan Diego Parish**

Date	Mass Times
Saturday, Sept. 16, 2023	3:30 pm - 4:30 pm Reconciliation/Reconciliación 5:00 pm English Mass
Sunday, Sept. 17, 2023 Domingo 17 de septiembre	8:30 am English Mass Hoang Dang 10:30 am Misa en Español 12:15 pm English Mass SJD Community
Monday, Sept. 18, 2023	6:00 pm Daily Mass Maria Bui Thi Hoa
Tuesday, Sept. 19, 2023	6:00 pm Daily Mass Joshue Bapt & Monica
Wednesday, Sept. 20, 2023	6:00 pm Daily Mass Respect for peoples of all races
Thursday, Sept. 21, 2023	12:00 pm Daily Mass Therese Truong Q. Giao
Saturday, Sept. 23, 2023	3:30 pm - 4:30 pm Reconciliation/Reconciliación 5:00 pm English Mass
Sunday, Sept. 24, 2023 Domingo 24 de septiembre	8:30 am English Mass 10:30 am Misa en Español Comunidad de SJD 12:15 pm English Mass

	Thank you for supporting our Parish!	
Sept. 9/10 Attendance	1292
Collection Basket	\$ 5,759.02
Electronically/by mail	\$ 3,346.61
Projected weekly need	\$ 12,385

Scripture Readings

September 16/17

First Reading
Sirach 27:30 - 28:9

Second Reading
Romans 14:7-9

Gospel
Matthew 18:21-35

Lecturas

17 de septiembre

Primera Lectura
Eclesiástico 27, 33 - 28, 9

Segunda Lectura
Romanos 14, 7-9

Evangelio
Mateo 18, 21-35



Social Justice Mass Intention

You are invited to attend and pray on Wednesday, Sept. 20. The Mass intention is for: **Respect for peoples of all races.**

Faith leads a believer to see in the other a brother or sister to be supported and loved. Through faith in God, who has created the universe, creatures and all human beings (equal on account of his mercy), believers are called to express this human fraternity by safeguarding creation and the entire universe and supporting all persons, especially the poorest and those most in need. https://www.vatican.va/content/francesco/en/travels/2019/outside/documents/papa-francesco_20190204_documento-fratellanza-umana.html

Intenciones del Ministerio de Justicia Social

Está invitado a asistir y orar en la misa del miércoles 20 de septiembre. La intención de la misa es por: **Respeto a los pueblos de todas las razas.**

La fe lleva al creyente a ver en el otro un hermano o hermana a quien apoyar y amar. Por la fe en Dios, que ha creado el universo, las criaturas y todos los seres humanos (iguales por su misericordia), los creyentes están llamados a expresar esta fraternidad humana salvaguardando la creación y el universo entero y apoyando a todas las personas, especialmente a los más pobres y a los más necesitados. https://www.vatican.va/content/francesco/es/travels/2019/outside/documents/papa-francesco_20190204_documento-fratellanza-umana.html

Have you moved? Changed your phone number? Changed email address? If so, please let the parish office know or you may miss out on important updates, information, and opportunities.

¿Se ha mudado? ¿Cambiado su número de teléfono? Cambiado su correo electrónico? Si es así, por favor avise a la oficina parroquial o se perderá actualizaciones, información y oportunidades importantes.



Pray for Our Seminarians

Recognizing the value of the priesthood in your own sacramental life, please pray for our seminarians and consider a gift in support of their education and formation through the Seminarian Appeal. To meet our seminarians and find out more about how you can help, visit supportourseminarians.church.

A Prayer for Our Seminarians

Lord Jesus, as you once called the first disciples
to make them fishers of men,
let your sweet invitation continue to resound:
Come Follow Me!

We thank you for the gift of the seminarians
called to serve in the Archdiocese of Portland in Oregon.
Inspire them to imitate You, the Eternal High Priest,
in sacrificial service to Your Church.
Grant perseverance to our seminarians.
Give them the graces they need to one day serve
You faithfully as priests.

May Your light shine through them to everyone they meet.
Mary, Mother of the Church, the model of every vocation,
help our seminarians to continue to say “yes” to the Lord
who calls us to cooperate in the divine plan of salvation.
Amen



Have a HEART for vocations?

Serra Club of Portland

For more info, contact
Paul Harris at paulnmonique@comcast.net



Sisters' Appreciation Luncheon
September 17, 2023



Priests' Appreciation Dinner
May 2, 2023

**The Serra Mission is to foster and affirm vocations
to the priesthood and consecrated life.**

Come join us!
Learn what YOU can do to increase Vocations!
Saturday, September 30, 9 A.M.

St Juan Diego Parish
5995 NW 178th Ave, Portland, OR 97229



Creation Corner

**PUTTING THE GARDEN TO BED at PCC Rock
Creek Bldg. 4, Room 103**

Saturday September 23 from 9:00 AM – 11:00 AM

Fall is terrific timing for planning and completing tasks to prepare for winter, as well as to set up your garden for success year-round, whether it be landscape plants, fruits or vegetables. We will share tips on planting trees and shrubs in the fall, tasks to prepare the vegetable and fruit garden for winter and techniques to protect the soil. The session begins in Bldg. 4, Rm. 103, then after the presentation we will take a short 5-minute walk to the WCMGA Education Garden to demonstrate some of these tips. FREE. Registration NOT required.



Rincón de la Creación

**PONIENDO EL JARDÍN A LA CAMA en PCC
Rock Creek Bldg. 4, Sala 103**

Sábado 23 de septiembre de 9:00 a 11:00

El otoño es un momento excelente para planificar y completar tareas para prepararse para el invierno, así como para configurar su jardín para el éxito durante todo el año, ya sean plantas, frutas o verduras. Compartiremos consejos para plantar árboles y arbustos en otoño, tareas para preparar el jardín de frutas y verduras para el invierno y técnicas para proteger el suelo. La sesión comienza en Bldg. 4, salón. 103, luego, después de la presentación, daremos un breve paseo de 5 minutos hasta el jardín educativo de WCMGA para demostrar algunos de estos consejos. GRATIS. NO es necesario registrarse.

Ore por nuestros Seminaristas

Reconociendo el valor del sacerdocio en su propia vida sacramental, por favor ore por nuestros seminaristas y considere la posibilidad de realizar una donación para apoyar su educación y formación a través de la Campaña de los Seminaristas. Para conocer a nuestros seminaristas y saber más sobre cómo puede ayudar, por favor visite supportourseminarians.church.

Oración por Nuestros Seminaristas

Señor Jesús, así como tú llamaste a los primeros discípulos a ser pescadores de hombres, permite que tu dulce invitación siga resonando:
¡Ven Sígueme!

Te damos gracias por el regalo de estos seminaristas llamados a servir en la Arquidiócesis de Portland en Oregon. Inspíralos a que te imiten, Eterno Sumo Sacerdote, en servicio sacrificial a tu Iglesia. Otorgarles perseverancia a nuestros seminaristas. Concédeles las gracias necesarias para que un día te sirvan fielmente como sacerdotes. Que tu luz brille en ellos hacia todos a quienes se encuentren. María, Madre de la Iglesia, modelo de toda vocación, ayuda a que nuestros seminaristas continúen dándole un “sí” al Señor quien los llama a cooperar en el plan divino de salvación. **Amén**

Ministry Highlight: Coats for Kids

Last year, through their Coats for Kids program, Knights of Columbus councils worldwide distributed over 180,000 coats. The goal is 200,000 this year. Please consider making a tax deductible donation to Coats for Kids through your SJD Knights of Columbus Council 15729. Coats are supplied to children, teens, and adults, and our council plans to provide these coats to Faith Cafe, St Vincent DePaul, and others to distribute in October. Also, for each purchased box, the Supreme Council provides a matching box of coats.

But hurry, our full donation MUST be complete and turned in to the Oregon State Knights Council by September 29th. It's easy to donate, just put Cash or Check in an envelope and either bring it by the parish office, or mail it to the parish office. Make checks payable to KOC Charities '2023 Coats for Kids' and mark the envelope “Attn: Coats/KOC/Rick”.

If you have any questions, please email Rick Hatmaker: fs@sjdknights.org



St. Juan Diego Catholic Church

Office: 5995 NW 178th Ave.,
Portland, OR 97229

Phone: 503.644.1617
Parish Cell Phone: 503.880.3337
Sacramental Emergency: 971.867.4176
Email: office@stjuandiego.org

Office Hours/Horarios de Oficina:
Tues. & Thurs. /Martes: & Jueves. 9:00 am - 12:00 pm,
1:00 pm - 2:30 pm

Sun./Dom: 8:00 am - 12:30 pm
www.stjuandiego.org

St. Vincent de Paul Food Pantry / Despensa de Alimentos

503-985-6046
Mon/Lunes: 4:00 pm - 5:30 pm
Fri/Viernes: 11:00 am - 12:30 pm

Prayer Chain

Our Prayer chain is immediate, short-term support. To submit a prayer request please send an email to: sjdprayerchain@googlegroups.com.

Cadena de Oración

Nuestra cadena de Oración es apoyo inmediato, a corto plazo. Para enviar una solicitud, envíe un correo electrónico a: sjdprayerchain@googlegroups.com.

Parish Staff (503) 644-1617

Fr. Hans Mueller Pastor	frhans@stjuandiego.org Ext. 204
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Hail Mary, full of grace.

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Season of Creation



Pool at Noble Woods, Hillsboro

A Jewish prayer to protect water

We call you ocean.

We call you sea, gulf, strait, bight, bay, lagoon, river, falls, creek, stream, lake, pond, spring.

We call you rain.

We call you pool, puddle, snowflake, glacier, dew, mist, cove, channel, inlet, cascade, brook, tributary, bayou, tarn,
H₂O.

We travel your powerful currents to meet our relations.

We flood our rice fields. We bathe our children. We cleanse the dead. We baptise, we purify, we do ablutions,

We immerse in the mikvah¹.

We heal with you - Holy Water.

We remember to protect you.

We remember to protect you.

We remember to protect you.

We remember to protect you.

By claudia l'amoreaux²

Education:

With your family this week please watch this video [Our Planet | Frozen Worlds](#) which is a Netflix documentary that Netflix has made available on YouTube. The 'Our Planet' documentaries were made to help the viewer experience our planet's natural beauty and examine how climate change impacts all living creatures.

Note: This week's video is harsher than the previous videos. We suggest parental guidance for younger children.

Activity:

After viewing this week's episode please review the World Wildlife Fund's [Our Planet | Frozen Worlds study guide](#)³ with your family. The study guide lists key takeaways from this episode along with discussion prompts to open a dialog about water with your family. It also includes actions and additional resources.

Advocacy:

There are a number of organizations in the Portland metro area that are working to protect the rivers and watersheds here in our area. Learn about these organizations and consider supporting them by volunteering and advocating for clean, healthy water.

[The Wetlands Conservancy](#)

[Columbia River Keeper](#)

[Willamette River Keeper](#)

[Columbia River Inter-Tribal Fish Commission](#)

1. mikvah - a bath in which certain Jewish ritual purifications are performed.

2. https://www.worldprayers.org/archive/prayers/invocations/we_call_you_ocean.html

3. The weekly Our Planet study guides can be found on the Social Justice web page at <https://www.stjuandiego.org/social-justice>

OUR FROZEN WORLDS

Key Takeaways:

- Sea ice is of immense importance to plants, animals, and people. It provides protection, habitat, and feeding grounds.
- Polar regions seem beyond reach for most of us, but they are not beyond our influence. The Arctic and its unique environment are warming twice as fast as the rest of the planet due to the positive feedback loop. Sea ice reflects sunlight back into the atmosphere, while oceans absorb it. When there is less sea ice, more sunlight is absorbed into the ocean, causing increasing water temperatures. The warmer water then continues to melt the sea ice. As long as climate change persists at the current rate, this cycle will continue. With current levels of emissions, the Arctic could be ice-free in the summer by 2040.
- Life in the poles is not easy. Species that are able to thrive in these environments have adapted survival techniques that help them find food, protect their families, and withstand the cold temperatures. But as climate change continues to threaten the amount of sea ice available, these species are facing new challenges that they may not be able to overcome.
- Polar bears spend over 50% of their time hunting for food. Their dependence on sea ice for traveling, hunting, mating, and resting makes them extremely vulnerable to a changing climate.
- Humans are causing climate change. Greenhouse gases trap heat in the atmosphere and regulate our climate. These gases exist naturally, but humans add more by burning fossil fuels for energy and by clearing forests. These gases act like a blanket; the thicker the blanket, the warmer our planet becomes.

Gentoo penguins in Antarctica live mainly on crustaceans, such as krill. Krill depend on the shelter and algae food source provided by sea ice to survive their first year of life.



GUIDED DISCUSSION PROMPTS

Use these prompts to generate a class or small-group discussion based on the Our Frozen Worlds episode or on videos on ourplanet.com.

1 As with all ecosystems around the world, the polar regions rely on plant life and the smallest of creatures to support a larger food web. Discuss a food web example provided in the episode. Who are the producers and primary consumers? How do they benefit the polar regions? What would happen if they disappeared? How does a balanced food web contribute to the health of an ecosystem?

Example from the episode:

Ice is the soil upon which plant life grows and therefore provides food for grazers such as krill. In Antarctica, algae trapped in the ice begin to be set free upon the ice melting, creating the polar equivalent to grasslands. This attracts large amounts of krill, which all the larger creatures such as leopard seals, king penguins, and humpback whales depend on. With sea ice disappearing, the amount of algae produced is reduced, which in turn brings fewer krill and threatens the future of the larger creatures below the sea ice.

2 With the effects of climate change impacting the poles more than any other areas in the world, the species of these regions are making life-altering, risky decisions. Review how climate change is affecting our frozen worlds. Using examples from the episode, discuss some of the decisions different species are making in order to survive in their changing environment.

Examples from the episode:

Large numbers of walrus are hauling out on a crowded, single beach. Their natural home is on the sea ice, but as it declines, the beach is the closest place to their feeding grounds they can rest. Unfortunately, the shoreline can be up to 250 miles round-trip, and often, young walrus cannot make the trip.

A mother ringed seal leaves her pup out in the open, vulnerable to predators such as polar bears. In times past, she would have built a den on the ridge to cover her pup, but the sea ice is freezing later in the season and is melting quicker, making it flatter and providing no time for her to build shelter.

Leopard seals escape Antarctica's winter by traveling to South Georgia Island, typically returning to Antarctica in the spring. However, they are now staying away longer while king penguins, their food source, continue to crowd around the island's shores in search of krill and space to raise their chicks.



GUIDED DISCUSSION PROMPTS

3 The polar regions are important to many species that don't live there on a permanent basis. Many marine animals and birds travel long distances to feed or breed at the poles. Discuss why these animals make these long trips to the polar regions, providing examples from the episode. How will the loss of sea ice or other climate change impacts affect these species?

Examples from the episode:

Albatross travel over the Antarctica seas to feed on nutrients that have been stirred up from the deep by the rough currents and raise their chicks on surrounding land for one year before they're ready to take flight.

In the summer, narwhals travel to the Arctic awaiting the break in sea ice that allows them to travel in safety to the shallow bays where their feeding grounds are.

4 Why do we need sea ice to help fight against global warming? In the episode, sea ice is referred to as "the planet's protective white shields." Explain this metaphor.

Example from the episode:

Sea ice plays a vital role in determining the climate of the entire planet. The white surface of the ice reflects the sun's energy back into space, whereas the dark surface of the water absorbs over 90% of the energy and warms the planet, contributing to climate change. For thousands of years, there has been a healthy balance of sea ice forming and retreating. That is now no longer the case, as there is 40% less sea ice cover in the summer than there was in 1980. By 2040, the ocean in the Arctic will be mostly free of ice in the summer months. This loss of ice will inevitably have devastating consequences for all those who depend on it.

5 Polar bears are a vital member of the Arctic ecosystem. Discuss the various ways their lives are being affected by climate change and how their absence would cause a decline in the health of the ecosystem.

Example from the episode:

Polar bears depend on sea ice to hunt, using stealthy tactics to sneak up on their prey. Due to rising temperatures, sea ice is freezing later in the year, making it much flatter. It is more difficult for the polar bears to hunt on the flat sea ice because there is no place for them to hide and sneak up on their prey.

6 What can we do to help our frozen worlds and the species that depend on them? What small changes could we make in our everyday routines that could greatly impact the future of the polar regions?



ACTIVITIES

ACTIVITY IDEA	SUBJECTS
Create a climate timeline and understand just how many components of an ecosystem are affected when climate is altered.— Climate Trackers	Science
Read an excerpt from the diary of a polar bear patrol team member and create a journal entry as if you're part of the team protecting polar bears and people.— My Day on Patrol	Language arts
Understand how our daily uses of energy are connected to the future of polar bears through cause-and-effect modeling.— What's the Connection?	Science
Play a red light/green light-style game that represents the stamina and focus polar bears require to catch a meal and stay alive.— Polar Bear Freeze	Physical education
Conduct a research project that outlines the benefits of using renewable energy versus energy originating from fossil fuels. Present your research in the form of a persuasive argument as if your objective were to convince a panel of government officials.	Language arts
Take the Polar Bear IQ quiz to test your knowledge of polar bears. The more answers you get right, the more polar bears make it across the sea ice! Have students create their own game using facts on climate change and the polar regions.	Trivia game
Start a movement in your school to help protect our frozen worlds by saving energy. Conduct an energy audit at your school and propose a plan to your school administration of ways to improve current sources of energy expenditure.	Social studies

What We Can Do:

There's so much we can all do. The pollution driving climate change comes primarily from our electricity, our transportation, and our food.

- Switch to renewable energy—if you own your house, you can check out installing solar panels, which are getting cheaper and cheaper, or, more simply, ask your utility to switch you to renewable energy; many utilities can make the change with little to no effect on your bills.
- Change the way you move—you can walk, ride bikes, carpool, or take public transit—even doing these just one more time per week helps.
- Don't waste food—one simple way is to buy only as much as you need, and eat it all. In the US, we waste nearly half of the food we buy, which wastes all the energy that went into producing it, and it often ends up in a carbon emitting landfill.
- Spread the word—talk more about climate change. Bring it up to your friends and family, bring it up to your city council or school. Start holding your leaders accountable for taking action themselves.

Additional Resources:

- [What is a walrus haulout and what does it mean for the planet?](#)—answers frequently asked questions regarding walrus haulouts, similar to what is shown in the episode
- [3 things you should know about January's record-low Arctic sea ice](#)—simple outline breaking down what is happening with sea ice and the impacts
- [Polar bears and climate change](#)—a full assessment of the vulnerability of these important members of the Arctic to the effects of climate change
- [Polar bear species webpage](#)—facts about this important species including how we can help protect polar bears
- [Arctic habitat webpage](#)—what makes the region unique and why it's in danger
- [Antarctica ecoregion webpage](#)—information on the region's biodiversity and current health status
- [Polar regions habitat webpage](#)—why the poles matter
- [Our Planet official webpage](#)

