

Our Mission: At St. Juan Diego Catholic Church, we are a diverse community that strives to welcome everyone with dignity, respect and belonging by living the Good News of Jesus Christ.

Nuestra Misión: En la iglesia Católica de San Juan Diego, somos una comunidad diversa que se esfuerza por dar la bienvenida a todos con dignidad, respeto y pertenencia al vivir la Buen Nueva de Jesucristo.

BottleDrop for Family Promise

Thank you to all who participated in our Earth Day Prayer Service. Other activities to help our planet that week included a challenge from BottleDrop for non-profit organizations. St. Juan Diego parishioners helped to collect over **11,200** refundable cans and bottles for Family Promise. BottleDrop applauded your efforts and credited the Family Promise account with a **\$224.16 bonus!**

In 2021 funds from recycled bottles and cans earned over \$8000 to help families experiencing homelessness. Let's see if we can beat that total this year and also help preserve God's creation. If you have any questions about refundable can and bottle collection please email Barb at: upsonbb@gmail.com

Catholic Charities 2022 Annual Appeal

Today, your generous gift enables us to continue to offer access to life saving services to those in greatest need in our community such as financial empowerment and coaching, affordable and transitional housing, permanent supportive housing, resident services, immigration legal services, refugee services, family support and counseling, case management, food for our unhoused neighbors, and more.

Ways to participate: **Please make checks out to Catholic Charities**

1. Return the envelope provided in our appeal brochure to your parish the weekend of May 21 and 22
2. Mail the pre-addressed envelope and remit to Catholic Charities; 2740 SE Powell Blvd. #1 Portland, OR 97202; or
3. Make your secure online donation at <https://t.co/JrhTPWm7U9>

For more information, please visit our website (<https://www.catholiccharitiesoregon.org/>) or call our main phone line (503-231-4866).

Mass Schedule

Saturday

5:00 pm **English**

Sunday

8:30 am **English**

12:15 pm **English**

Horario de Misa

Domingo

10:30 am **Español**

Reconciliation Reconciliación

Wednesday

Miércoles

5:00-5:45 pm

Saturday/Sábado

3:30pm - 4:30pm

Bulletin announcements
and inserts are due by
Tuesday at noon.

Home Sweet Home No More: When Staying or Leaving are the same Risk

Immigration is a phenomenon that has been documented for more than four thousand years. and it's not for fun. Reasons vary. The locations are all over the place. The risk is always remarkably high. The consequences can be paid with one's own life.

So why do people still do it?

On Sunday, June 5 at 2:00 PM in the Sanctuary, Deacon Diego and his wife, Luisa, will share with us from their own life experience, because they are immigrants too.

No Más Hogar Dulce Hogar: Los Riesgos de Emigrar o Quedarse.

La Inmigración es un fenómeno que ha estado documentado por más de cuatro mil años. Se ha visto es todas partes del mundo. El riesgo es siempre muy alto. Las consecuencias se pagan algunas veces con la propia vida.

¿Entonces, porque aún la gente sigue emigrando?

El Domingo 5 de Junio, a las 2:00 pm en el Santuario de la Iglesia de San Juan Diego, el Diacono Diego Montiel y su esposa Luisa, hablaran sobre la inmigración y sus experiencias personales, porque ellos también son inmigrantes.

Tenga en cuenta que la presentación será en inglés

Mark your calendar and join Us in-person at Portland Golf Club!

The 87th Annual Archbishop's Seminary Tea

Benefiting the education of seminarians
preparing to serve in the
Archdiocese of Portland Oregon



Wednesday, June 1, 2022, 3-6 PM
Portland Golf Club
5900 SW Scholls Ferry Road
Portland 97225

To purchase tickets or donate go to
seminarytea.org/donate.html or mail
donation to Seminary Tea Committee
PO Box 25057/Portland, OR 97298.

Weekly Parish Schedule

To have a Mass offered for anyone, please call Jeny in the parish office. Suggested donation \$10
Please make your checks payable to **St. Juan Diego Parish**

Date	Mass Times
Saturday, May 21, 2022	3:30 pm - 4:30 pm Reconciliation 5:00 pm English Mass ☩ Carmen Avandaño by Karen Alexander
Sunday, May 22, 2022 Domingo 22 de mayo	8:30 am English Mass 10:30 am Misa en Español 12:15 pm English Mass All Priests by Anh Truong
Monday, May 23, 2022	☩ 6:00 pm Daily Mass Paul Tran by Joseph S. Tran
Tuesday, May 24, 2022	6:00 pm Daily Mass Veterans and all who served our country
Wednesday, May 25, 2022	5:00 pm - 5:45 pm Reconciliation/Reconciliación 6:00 pm Daily Mass
Thursday, May 26, 2022	12:00 pm Daily Mass
Saturday, May 28, 2022	3:30 pm - 4:30 pm Reconciliation 5:00 pm English Mass
Sunday, May 29, 2022 Domingo 29 de mayo	8:30 am English Mass 10:30 am Misa en Español 12:15 pm English Mass ☩ Maria Nguyen T. Loc by Anh Truong

Scripture Readings

May 21/22

First Reading
Acts 15:1-2, 22-29

Second Reading
Revelation 21:10-14, 22-23

Gospel
John 14:23-29

Lecturas

22 de mayo

Primera Lectura
Hechos 15,1-2. 22-29

Segunda Lectura
Apocalipsis 21, 10-14. 22-23

Evangelio
Juan 14, 23-29

Social Justice Mass Intention

You are invited to attend and pray on Tuesday, May 24. The Mass intention is for: **Veterans and all who served our country**

God of mercy and peace, we pray for those who have bravely served our nation and have laid down their lives to protect and defend our freedom. Bring healing and peace to all who have been wounded physically, mentally, and spiritually in service to our country. Amen. U.S. Conference of Catholic Bishops Tweet Veteran's Day 2021

Intención para Misas del Ministerio de Justicia Social

Está invitado a asistir y orar el martes 24 de mayo. La intención de la Misa es por: **Veteranos y todos los que sirvieron a nuestro país.**

Dios de misericordia y paz, oramos por aquellos que han servido valientemente a nuestra nación y han dado su vida para proteger y defender nuestra libertad. Trae sanación y paz a todos los que han sido heridos física, mental y espiritualmente al servicio de nuestro país. Amén. Tweet de la Conferencia de Obispos Católicos de EE. UU. Día de los Veteranos 2021.

Business Manager Opening

At St. Juan Diego Catholic Church, we are a diverse community that strives to welcome everyone with dignity, respect and belonging by living the Good News of Jesus Christ.

We are currently recruiting for the Business Manager position. This position assists the Pastor in the prudent stewardship of the parish's financial, human resources and campus/facilities resources. Ensures the effectiveness of operations, informing and advising the Pastor and various parish councils and committees. This position is part of the core management team that supports the Pastor and ensures that the pastoral and administrative needs of the Parish are met.

Please see the full job posting at www.archdpx.org/jobs and send your resume directly to Father Hans at frhans@stjuandiego.org

☪ Thank you for supporting our Parish!

May 14/15 Attendance	666
Collection Basket	\$ 3,120.98
Electronically/by mail	\$ 3,807.58
Projected weekly need	\$ 9,895.00

Congratulations!

to those who received
Confirmation



¡Felicidades!

a los que recibieron
la Confirmation

Laura Montserrat Aguirre Aguirre

Jackelyn Angeles Lozano

Joy B. Avalos

Razziel O. Avalos

Renato Beltran Campos

Joaquin Matthew Borrego III

Eduardo Casimiro

Karla Casimiro

Armando Colin Hernández

Natalia Durate

Diego Armando Garcia

Malaika Amelia Gomes

Alexander James Ingalls

Sydney Eva Kleine

Savanna Joanne Kleine

Elizabeth Amelia Louie

Kenya Martinez

Sebastian Espiritu Mohnen

Allison D. Nguyen

Sophia L. Nguyen

Kevin Esau Ochoa Silva

Zachary Bennett Parkhouse

George Pedroza Bernal

Natalia Esmeralda Rivera Salinas

Eduardo Antonio Lopez Paniagua

Dayana Rojo Marin

Hector Luis Rojo Marin

Caleb Scoles

Marco Antonio Solis Acacio

Isabella Marie Sotto

Lauren Jane Reding

Rocio Del Carmen Suaste Cruz

Ethan Sidney T. Supnet

Ellie Catherine Quinn

Joshua Jovany Velazquez Cuevas

Ava Wright

Tiana E. Takayama

Teresa Amanari Alexandra Rusli

Jimena Monserrat Alvarado Hernandez

Ashley Elizabeth O'Neill

Julianna Raquel Gordon

Ariana Pedroza Sandoval



Lorena Paredes

Angelica Analiz

Hunter James Sismaet

Jessica Pedroza Cruz

Anthony Torres

Aida Mendoza

Fernando Oban Torres



St. Juan Diego Catholic Church

Office: 5995 NW 178th Ave.,
Portland, OR 97229

Phone: 503.644.1617
Parish Cell Phone: 503.880.3337

Email: office@stjuandiego.org

Temporarily Office Hours:
Horarios de Oficina Temporales:

Tues./Mar: 3:00 pm - 6:00 pm
Sat./Sab: 9:00 am - 12:00 pm

www.stjuandiego.org

St. Vincent de Paul Food Pantry / Despensa de Alimentos

503-985-6046

Mon/Lunes: 4:00 pm - 5:30 pm
Fri/Viernes: 11:00 am - 12:30 pm

Parish Staff (503) 644-1617

Fr. Hans Mueller
Parish Administrator
Rev. Mr. Dennis Desmarais
Deacon

frhans@stjuandiego.org
Ext. 303
desmarais5@comcast.net

Rev. Mr. Diego Montiel
Deacon

dkndiego@gmail.com

Jeny Velazquez-Samayoa
Admin. Assistant / Bulletin
Parish Cell Phone: 503-880-3337

jvelazquez@stjuandiego.org
Ext. 301

Peggy Brice
Business Manager
Kristin Mombert
Director of Faith Formation & Youth Ministry
Work Cell Phone: 971-217-8935

pbrice@stjuandiego.org
Ext. 302
kmombert@stjuandiego.org
Ext. 304

Adriel Algiene
Coordinator of Music Maintenance

aalgiene@stjuandiego.org
Ext. 305
sjdmaintenance@gmail.com

Prayer Chain

Our Prayer chain is immediate, short-term support. To submit a prayer request please send an email to: sjdprayerchain@googlegroups.com.

Cadena de Oración

Nuestra cadena de Oración es apoyo inmediato, a corto plazo. Para enviar una solicitud, envíe un correo electrónico a: sjdprayerchain@googlegroups.com.

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Mes de concientización sobre la salud mental 1-800-950-6264 o nami.org (para servicios y apoyo) (semana 2)

Esta semana estamos compartiendo una historia personal de un joven que vive con una enfermedad mental. Esperamos que esto nos ayude a ser más comprensivos y respetuosos con los enfermos mentales, las personas sin hogar y las personas que viven en la pobreza. Debido al espacio, estos son extractos de la historia, pero puede ir a nami.org y buscar **“Enfermedad mental, pobreza y cómo vive la otra mitad” una historia personal** para la historia completa. El autor no tiene nombre.

La historia comienza:

“En el comedor social, los voluntarios son amigables, tienen dientes brillantes, un brillo que mis dientes no tienen, se han desvanecido de la pobreza, fuman y no tienen cuidado dental. Mis dientes están algo sanos según algunos estándares, a diferencia de los adictos al crack y al metanfetaminas que vagan por las calles de mi ciudad natal, Wheeling, West Virginia. Mi ciudad natal no siempre fue así, con una epidemia de drogas grave. Cuando era niño, la droga más difícil que conocía era la marihuana. Pero, de nuevo, cuando era niño, era un hombre blanco privilegiado, un futuro muy brillante, un futuro que me llevaría sistemáticamente a través de extremos de depresión, psicosis y engaño. Tengo trastorno bipolar. No solo una forma de enfermedad mental, una excusa para algunos, sino una verdad para otros.

Si bien puedo ir a terapia de grupo, comedores populares, despensas de alimentos y vivir con moderación, estoy vivo, tengo refugio y comida. Me he reconstruido una y otra vez desde mi inicio temprano de depresión. He salido de la psicosis con la ayuda de mis seres queridos y la medicación. Vengo de los engaños de creer que otras personas vivas son Jesucristo y que estoy muerto. He conocido la paranoia en el sentido de que cuando caminaba por la calle, personas al azar pensaba que estaban haciendo declaraciones sobre mí. Pero no estoy aquí para arreglármelas en heridas y cicatrices de batalla. Estoy tratando de vivir la vida, y una vez creí en vivir la vida al máximo por la experiencia y la pasión singular de escribir poesía y no ficción a partir de mis experiencias, con la esperanza de extraer patrones y conclusiones más amplios.

... Hay un síntoma de falta de vivienda que muchos pueden no entender. Al salir de las profundidades de la locura y la vida en la calle, y tratar de ajustarme a un estilo de vida de Starbucks, Target, una sociedad bien arreglada y llena del sueño americano, a menudo sentí que merecía volver a ser una persona sin hogar, a pesar de que sólo había circunstancias seguras alrededor. Es un síndrome peculiar que me imagino que sentirían los soldados después de la guerra y su impulso para volver a la guerra. Un extraño trastorno postraumático que mantiene a las personas maltratadas en relaciones abusivas. He escuchado de algunas personas sin hogar que simplemente eligen ser vagabundos, incluso después de que están en un hogar, comida y trabajo. Yo, sin embargo, era puramente psicótico en la calle. A pesar de este síndrome, he tratado de adaptarme a la sociedad. Haría muchas cosas para nunca volver "por ahí".

... Los enfermos mentales no son fácilmente detectables por el ojo no psiquiátrico, pero esto representa a muchas personas, por lo que tiendo a considerar a los que tienen una enfermedad mental como una minoría, una minoría invisible. La patología del sufrimiento mental no conoce edad, raza, etnia, estado, nación, sexo u orientación sexual. Todos conocemos a alguien a quien se le diagnosticó una enfermedad mental o se sospecha que la padece. A menudo se cree que los criminales son puramente malvados o idiotas. Pero los sociólogos han descubierto que todos los condenados a muerte estaban directamente relacionados con padres abusivos. Tendría que estar ciego para no ver cómo la pobreza puede causar angustia y crimen. Si bien las enfermedades mentales son genéticas, millones de personas afligidas y bien intencionadas no se convierten en asesinos en serie ni en pandilleros como las películas retratan. Sin embargo, si no tuvieran una atención médica y una estabilidad adecuadas, sería fácil ver los horrores que todos conocemos. En última instancia, la humanidad necesita reconocer a esta minoría como tal, aquella en la que prosperan las industrias psiquiátrica y farmacéutica, y reconocer cómo las mentes de estos pacientes trabajan para ser claros sobre lo que trata la humanidad.

... Todos sufrimos en alguna capacidad. Algunos más que otros. Y aunque mi depresión, ese monstruo, quiere destruirme, la supero a diario. Menos estigma tiene que rodear todas estas cosas para encontrar una solución, al igual que todos intentamos encontrar una solución a nuestros problemas ”.

Mental Health Awareness Month 1-800-950-6264 or nami.org (for services and support)

(Week 2)

This week we are sharing a personal story of a young man living with mental illness. We hope this will help us to be more understanding and respectful of the mentally ill, homeless, and people living in poverty. Due to space, these are excerpts from the story, but you can go to nami.org and search "Mental Illness, Poverty, and How the Other Half Lives" a personal story for the full story. The author has no name.

The story begins:

"At the soup kitchen, the volunteers are friendly, they have shiny teeth, a luster that my teeth don't have, they have faded from poverty, smoking and lack of dental care. My teeth are somewhat sound by some standards, unlike the crack and meth addicts who roam the streets of my hometown of Wheeling, West Virginia. My hometown wasn't always like this, with a hardcore drug epidemic. As a child, the hardest drug I knew was marijuana. But then again, as a child, I was a privileged white male, a very bright future, a future that would systematically take me through extremes of depression, psychosis, and delusion. I have bipolar disorder. Not just a form of mental illness, an excuse for some, but a truth for others.

While I may go to group therapy, soup kitchens, food pantries, and live meagerly, I am alive, have shelter and food. I have rebuilt myself time and time again since my early onset of depression. I have climbed out of psychosis with the aid of loved ones and medication. I have come from delusions of believing other living people are Jesus Christ and that I am dead. I've known paranoia in the sense that when I walked down the street, random people I thought were making statements about me. But I am not here to regale in battle wounds and scars. I am trying to live life, and once believed in living life to the fullest for experience and the singular passion of writing poetry and nonfiction from my experiences, hoping to draw from it larger patterns and conclusions.

...There is a symptom of homelessness that many may not understand. When coming out of the depths of madness and street life, and trying to adjust to a lifestyle of Starbucks, Target, a society that is well-groomed and full of the American dream, I often secretly felt I deserved to go back to being homeless, even though there were only safe circumstances around. It's a peculiar syndrome I would imagine soldiers feel after war and their drive to go back to war. A weird Post Traumatic Disorder that keeps abused people in abusive relationships. I have heard of some homeless people simply choosing to be vagabonds, even after they are squared away in a home, food, and job. I, however, was purely psychotic on the street. Despite this syndrome, I have tried to adjust to society. I would do many things to never go back "out there".

...The mentally ill are not easily spotted by the non-psychiatric eye, but it accounts for many people, which is why I tend to look at those who have a mental illness as a minority, an invisible minority. The pathology of mental suffering knows no age, race, ethnicity, status, nation, sex, or sexual orientation. We all know someone who was either diagnosed with a mental illness or is suspected of having one. It is often believed that criminals are purely evil or idiotic. But sociologists have found that all on death row were directly related to abusive parents. You would have to be blind to not see how poverty can cause distress and crime. While mental illness is genetic, millions of well-intentioned afflicted do not become serial killers or gangbangers as movies would portray. However, if they didn't have adequate healthcare and stability, it would be easy to see the horrors we all know. Ultimately, humanity needs to recognize this minority as such, the one that the psychiatric and pharmaceutical industry thrive on and recognize how these sufferers' minds work to be clear on what humanity is dealing with.

...We all suffer in some capacity. Some more than others. And though my depression, that monster, wants to destroy me, I overcome it daily. Less stigma needs to surround all these things to find a solution, just as we all try to find a solution to our problems."

Mental Health Awareness Month

1-800-950-6264 or nami.org (for services and support)

(Week 3)

"Come to me, all you that are weary and are carrying heavy burdens and I will give you rest. Take my yoke upon you, and learn from me: for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." Matthew 11:28-30

In this final week of Mental Health Awareness we are sharing ideas of communication and treatment services for persons experiencing a mental health episode or someone with a mental illness. We know that 1 in 5 Americans live with a mental health condition; therefore it is likely that we will have an encounter with a friend, family member, or a stranger on the street that is struggling with mental health or mental illness.

Some General Guidelines for Communicating with a person who is experiencing a Mental Illness or a Mental Health episode:

- Be respectful to the person. When someone feels respected and heard, they are more likely to return respect and consider what you have to say. If they are experiencing events like hallucinations, be aware that the hallucinations or the delusions they experience are their reality. You will not be able to talk them out of their reality.
- Observe the situation, LISTEN first, greet, and ask, "How are you?" (Respect their space). Listen to the person and try to understand what he/she is communicating
- Some people, who are experiencing a mental health episode may be frightened, so be aware that they may need more body space than you. Speak in a relaxed and calm manner, stick to one topic, and give pause time to allow time for the person to process what you may be saying.
- Do not assume that they are not smart and will believe anything you tell them. Mental illness has nothing to do with the person's intelligence level. Do not lie to them, as it will usually break any rapport you might want to establish.
- If needed, set limits with the person as you would others. For example, "I only have five minutes to talk to you" or "If you yell at me, I will not be able to understand what you are saying."
- Keep a current list of community resources, like shelters, food programs, and mental health services that you can suggest to them (if they need it). Some people will not accept the suggestion, but some will.
- Call for help (police, others close by) if you feel physically threatened or need help de-escalating the person.
- Additional suggestions can be found at: <https://www.psychologytoday.com/us/blog/threat-management/201010/communicating-people-mental-illness-the-publics-guide>

LOCAL RESOURCES FOR GUIDANCE AND REFERRAL:

~**Washington County Crisis Line** 503-291-9111 (Crisis support)

~**Catholic Charities** 503-231-4866 (broad range of services and education)

~**NW Catholic Counseling Center** 503-253-0964 (full array of therapeutic services that include individual, family and group therapy as well as psychiatric consultation and medication management.)

~**Hawthorn Walk-in Center** 503-846-4555 (urgent care services for mental health and addiction concerns)
5240 NE Elam Young Pkwy, Hillsboro, OR 97124

~**NAMI Washington County:** 503-356-6835 (support through education and resources)
18680 SW Shaw St, Aloha, OR 97007

~**LIFEWORKS NW** 503-645-9010 (provide counseling services for mental health and addiction)

~**Western Psychological &**

Counseling Services 503-567-3260 (Western provides Outpatient Mental Health services [individual, family, and group therapy], as well as programs addressing Substance Use Disorders, Autism, the Latino Community, Health Psychology, and services within Schools.)

Mes de concientización sobre la salud mental 1-800-950-6264 o nami.org (para servicios y apoyo) (semana 3)

"Vengan a mí, todos ustedes que están cansados y que llevan cargas pesadas y les daré descanso. Toma mi yugo sobre ti y aprende de mí, porque soy amable y humilde de corazón, y encontrarás descanso para tus almas. Porque mi yugo es fácil, y ligera mi carga ". Mateo 11: 28-30

En esta última semana de Concientización sobre la salud mental, compartimos ideas de servicios de comunicación y tratamiento para las personas que sufren un episodio de salud mental o una persona con una enfermedad mental. Sabemos que 1 de cada 5 estadounidenses vive con una afección de salud mental; por lo tanto, es probable que tengamos un encuentro con un amigo, miembro de la familia o un extraño en la calle que tenga problemas de salud mental o enfermedad mental.

Algunas pautas generales para comunicarse con una persona que experimenta una enfermedad mental o un episodio de salud mental:

- Ser respetuoso con la persona. Cuando alguien se siente respetado y escuchado, es más probable que devuelva respeto y considere lo que tiene que decir. Si están experimentando eventos como alucinaciones, tenga en cuenta que las alucinaciones o los engaños que experimentan son su realidad. No podrás hablarles de su realidad.
- Observe la situación, ESCUCHE primero, salude y pregunte: "¿Cómo está usted?" (respete su espacio). Escuche a la persona e intente entender lo que está comunicando
- Algunas personas que están experimentando un episodio de salud mental pueden estar asustadas, así que tenga en cuenta que pueden necesitar más espacio corporal que usted. Hable de manera relajada y tranquila, apéguese a un tema y déle un tiempo de pausa para que la persona pueda procesar lo que está diciendo.
- No asuma que no son inteligentes y creerán cualquier cosa que les diga. La enfermedad mental no tiene nada que ver con el nivel de inteligencia de la persona. No les mientas, ya que por lo general romperá cualquier relación que quieras establecer.
- Si es necesario, establezca límites con la persona como lo haría con los demás. Por ejemplo, "Solo tengo cinco minutos para hablar contigo" "Si me gritas, no podré entender lo que estás diciendo".
- Mantenga una lista actualizada de los recursos de la comunidad, como refugios, programas de alimentos y servicios de salud mental que pueda sugerirles (si lo necesitan). Algunas personas no aceptarán la sugerencia, pero otras sí lo harán.
- Pida ayuda (policía, otras personas cercanas) si se siente físicamente amenazado o necesita ayuda para calmar a la persona.
- Sugerencias adicionales se pueden encontrar en:
<https://www.psychologytoday.com/us/blog/threat-management/201010/communicating-people-mental-illness-the-publics-guide>

RECURSOS LOCALES PARA ORIENTACIÓN Y REFERENCIA:

- ~ **Línea de Crisis del Condado de Washington 503-291-9111** (apoyo a la crisis)
- ~ **Catholic Charities** 503-231-4866 (amplia gama de servicios y educación)
- ~ **NW Catholic Counseling Center** 503-253-0964 (una amplia gama de servicios terapéuticos que incluyen terapia individual, familiar y grupal, así como consultas psiquiátricas y administración de medicamentos).
- ~ **Hawthorn Walk-in Center** 503-846-4555 (de atención de urgencias para problemas de salud mental y adicciones)
5240 NE Elam Young Pkwy, Hillsboro, OR 97124
- ~ **NAMI Condado de Washington:** 503-356-6835 (apoyo a través de la educación y los recursos)
18680 SW Shaw St, Aloha, OR 97007
- ~ **LIFEWORKS NW** 503-645-9010 (brinda servicios de asesoramiento para la salud mental y la adicción)
- ~ **Western Psychological & Counseling Services** 503-567-3260 (Western brinda servicios de salud mental para pacientes ambulatorios [terapia individual, familiar y grupal], así como programas que tratan trastornos de uso de sustancias, autismo, la comunidad latina, psicología de la salud y servicios dentro de las escuelas).